



## **“Be the Influence” SAMPLE FAMILY AGREEMENT**

**PARENT(S):** I (We) \_\_\_\_\_ agree that this is a drug- and tobacco-free household. Abusing alcohol or prescription drugs, using illegal drugs, using legal drugs for recreational purposes or smoking may put my/our child at risk. I (we) agree to set the right example regarding substance use.

**STUDENT(S):** I (We) agree that this is a tobacco- and drug-free household and agree to refrain from using any such substances, including alcohol, inside or outside our home.

**OUR FAMILY** wishes to join other Redwood HS families in agreeing to the following substance-use rules:

- Teens will not drink alcohol, smoke cigarettes, use any illegal drugs or legal drugs for recreational purposes.
- Teens will not stay at parties where alcohol or other drugs are available. The consequences of doing so will be

\_\_\_\_\_

-.

- Teens will not drive drunk, high or impaired, or accept a ride in a car with a driver who has been drinking and/or using drugs. Doing so will result in a consequence of

\_\_\_\_\_

-.

- Parents agree to pick up their children at any time if they need a safe ride home. If their teens call for a ride, no questions will be asked.
- Teens will not allow their guests to bring alcohol, drugs, or cigarettes into our home.
- No one, including parents, is to make alcohol available to teens.
- Older brothers and sisters will encourage younger brothers and sisters NOT to drink, smoke or use drugs.

We agree to abide by these rules, and to keep the channels of communication open.

(Student) \_\_\_\_\_

(Date) \_\_\_\_\_

(Student) \_\_\_\_\_

(Date) \_\_\_\_\_

(Student) \_\_\_\_\_

(Date) \_\_\_\_\_

(Parent(s)) \_\_\_\_\_

(Date) \_\_\_\_\_

**Redwood Student Phone Tree**

<u>Friend's Name</u>	<u>Cell #</u>	<u>Parent Name</u>	<u>Home #</u>	<u>Cell #</u>
----------------------	---------------	--------------------	---------------	---------------

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.
- 16.
- 17.
- 18.
- 19.
- 20.

**My Redwood Student's Password(s)**

\_\_\_\_\_ (Facebook) \_\_\_\_\_ (Other)

**Take the Test!** [www.BeTheInfluenceMarin.Org](http://www.BeTheInfluenceMarin.Org). Our scores were \_\_\_\_\_ (student) and \_\_\_\_\_ (parent)